



12th Sunday After Pentecost Afterfeast of Dormition / Holy Heiromartyr Myron

17 / 30 August

Resurrection Tropar, Tone 3: Let the heavens rejoice / let the earth be glad / for the Lord has shown strength with His arm! / He has trampled down death by death! / He has become the first-born of the dead! He has delivered us from the depths of hell / and has granted the world great mercy.

Troparion of the Feast tone 1: In giving birth thou didst keep thy virginity,/ and in thy dormition thou didst not forsake the world, O Mother of God./ Thou didst pass on to life, since thou art the Mother of Life,/ and by thine intercessions thou redeemest our souls from death.

Troparion of St Myron tone 4: AO holy Myron, thou wast an alabaster vessel of virtue,/ thou didst faithfully serve Christ's Church and contest as a martyr./ Wherefore by the fragrance of the gifts God has given thee/ thou didst dispel the stench of our souls' passions, and by thy prayers thou dost obtain our forgiveness.

Resurrection Kondak, Tone 3: On this day thou didst rise from the tomb, O Merciful One, / leading us from the gates of death / On this day Adam exults as Eve rejoices. / With the prophets and the patriarchs they unceasingly praise the divine majesty of Thy power.

Kontakion of the Feast tone 2: The grave and death could not hold the Mother of God,/ who is sleepless in her intercessions and an unchanging hope in her mediations./ For as the Mother of Life she was transferred to life/ by Him Who dwelt in her ever-virgin womb.

Kontakion of St Myron tone 2: Thou didst love Christ from thy childhood, O glorious Martyr,/ thou didst keep His commandments and run to Him wholeheartedly, O Myron./ Now thou art resting with the angels/ and dost glorify Him and art asking forgiveness for us all.

Matins Gospel I

Epistle: Corinthians 15: 1-11

Moreover, brethren, I declare to you the gospel which I preached to you, which also you received and in which you stand, By which also you are saved, if you hold fast that word which I preached to you--unless you believed in vain. For I delivered to you first of all that which I also received: that Christ died for our sins according to the Scriptures, And that He was buried, and that He rose again the third day according to the Scriptures, And that He was seen by Cephas, then by the twelve. After that He was seen by over five hundred brethren at once, of whom the greater part remain to the present, but some have fallen asleep. After that He was seen by James, then by all the apostles. Then last of all He was seen by me also, as by one born out of due time. For I am the least of the apostles, who am not worthy to be called an apostle, because I persecuted the church of God. But by the grace of God I am what I am, and His grace toward me was not in vain; but I laboured more abundantly than they all, yet not I, but the grace of God which was with me. Therefore, whether it was I or they, so we preach and so you believed.

HE WAS SEEN BY CEPHAS, THEN BY THE TWELVE. AFTER THAT...

BY MORE THAN FIVE HUNDRED BRETHREN AT ONCE... LAST OF ALL HE WAS SEEN BY ME ALSO

Having finished the discourse on spiritual gifts, he passes on to the most necessary of all: the subject of the resurrection. For in this, too, they were very unsound. And as in men's bodies when the fever lays actual hold on their solid parts - I mean the nerves and the veins and the primary elements - the mischief becomes incurable unless it receives much attention, at that time something very similar was likely to happen. The mischief was proceeding to the very elements of godliness. This is why Paul also uses great earnestness. For his discourse was not of morals ...but about the very sum of all good things. They were at variance touching the resurrection itself. The devil was taking a vehement stand against the resurrection because this was our great hope ...Paul, writing to Timothy, called it gangrene ...saying, 'Of whom is Hymenaeus and Philetus, who concerning the truth have erred, saying that the resurrection is past already, and overthrow the faith of some' (II Tim. 2:17,18). At one time then they spoke this way, but at another time they said that the body does not rise again but the resurrection is the purification of the soul. But these things that wicked demon persuaded them to say ...to show that all the things done for our sakes are a fable. For if they were persuaded that there is no resurrection of bodies, he would have gradually persuaded them that neither was Christ raised ...Paul puts this before us with much exactness, going over all of it...

Gospel Matthew 19: 16-26

Now behold, one came and said to Him, "Good Teacher, what good thing shall I do that I may have eternal life?" So He said to him, "Why do you call Me good? No one is good but One, that is, God. But if you want to enter into life, keep the commandments." He said to Him, "Which ones?" Jesus said, "'You shall not murder,' 'You shall not commit adultery,' 'You shall not steal,' 'You shall not bear false witness,' 'Honor your father and your mother,' and, 'You shall love your neighbour as yourself.'" The young man said to Him, "All these things I have kept from my youth. What do I still lack?" Jesus said to him, "If you want to be perfect, go, sell what you have and give to the poor, and you will have treasure in heaven; and come, follow Me." But when the young man heard that saying, he went away sorrowful, for he had great possessions. Then Jesus said to His disciples, "Assuredly, I say to you that it is hard for a rich man to enter the kingdom of heaven. And again I say to you, it is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God." When His disciples heard it, they were greatly astonished, saying, "Who then can be saved?" But Jesus looked at them and said to them, "With men this is impossible, but with God all things are possible."

THE RICH YOUNG MAN

See in the Epistle above what kind of reading from the Apostle Paul the Holy Church has selected for us today, in order to strengthen us in a definite state of mind. Along with the Sunday Gospel reading, which serves as a support, it strengthens in us the understanding that we live here temporarily. However, we fight against such an understanding; we don't even want to think about it. But it's a fact. Yes, our life is seventy years, and if by reason of strength, eighty years; but beyond this is hardship and disease. And how many tragic cases there are when God cuts off our earthly life in the years of youth, and even in childhood.

What have the Sunday Gospel readings been saying to us during the last few weeks? They have been saying that we must be perfect, that we must be Christians, because at any time the moment may come when Christ will call us and say: "Follow Me!" (Mt. 19:21). But how are we going to follow Him if we are spiritually paralysed, if we are spiritually blind and do not see His abodes on high?

Christ saves us from these dispositions. He gives us His Church. And the Orthodox Church is always reminding us of what the Bible says: how the world of God was created, how the first people lived, how the Fall occurred. Adam did not want to go from strength to strength, from grace to grace in communion with God, but wanted to have this strength within himself. And he went away, went away into the byways of human life, and therefore lost the Tree of Life. But God the Merciful One, God the Father gives us His Son Who was incarnate of the Most Holy Virgin, Who lived the Good News of the Gospel and showed us how to fulfill the commandment: Love for God and neighbour.

In today's Epistle the Apostle Paul shows us the true Risen Christ, Who brings us to Eternal Life. Paul himself, while still Saul, was also wandering in search of truth. He too in the beginning was searching for the earthly Christ who would free the Jews from the power of Rome. But when he was on the way to persecute the Church of God, he met Christ Himself, already after the Ascension; and here Saul became Paul. And as we heard in today's reading, he became the preacher of the Risen Christ. He became a New Testament man, who (if one can say so) brought about a great revolution in the world and transformed the whole world into the search for Christ and the striving for Life in Christ. With the name of the Apostle Paul is connected all the preaching of Christ in the entire world.

So when the Holy Church has strengthened us in the understanding that we are going toward Eternal Existence through our earthly wandering to Christ, then the Holy Church addresses us and points out: do not be mistaken. A certain lawyer came to Christ and asked:

What shall I do in order to inherit the Kingdom of God? (Today's Gospel). And Christ said, Fulfill the commandments. And when this lawyer said, From my childhood I have fulfilled the commandments, Christ saw his lack of understanding of the truth and said: Then give away everything that you have and follow Me (Mt. 19:16-21). But this man had much and trusted in this "much." Everything around him was real to him, and this reality gave him security in life. And this, what Christ was saying about future life, was not real to him. Therefore, when Christ said to him, Follow me and give away everything; he thought: how do I give it away? What will I have then? And what did he want to have? Power, strength, to be a possessor of earthly things.

The Apostle says today: what is earth? Christ leads us into Eternal Life. He saves us in an earthly way. God gives people abilities and knowledge; these are the various ways in which people pass their earthly life. But laid before them as a foundation are the Beatitudes: blessed are the poor in spirit, blessed are those who weep, blessed are the meek, blessed are those who hunger and thirst for righteousness, blessed are the peacemakers, those who are persecuted (Mt. 5:3-11). See, these are all the heavenly ways. This is what the Holy Church sets before us. Speaking to us about life beyond the grave, about resurrection (not as an idea, but as real life), about the Apostle Paul and all our saints, she shows us the truth and shows us that mirage which appears to be real. But if we start to live for this reality in order to acquire earthly goods, we will find ourselves in an abyss, and everything we possess will remain here. There will be nothing that belongs to Christ.

So let us arise, brothers, answering the calls of the Holy Church today: do not abandon prayer, do not abandon fasting which gives us concentration and attention, do not neglect also your good heart which will obtain for you a revelation from God and the joy of spiritual spring which will strengthen you in Eternal Life.

The One Thing Needful – Archbishop Andrei

Saints of the Week

17 / 30 August -Afterfeast of the Dormition -The Holy Martyr Myron of Cyzicus - he was a priest in Achaia, of rich and eminent parents, by nature kind and meek, and loving towards God and man. In the time of the Emperor Decius, on the Feast of the Nativity itself, pagans rushed into the church, dragged Myron away from the service and put him to torture. While he was being tortured by fire, an angel appeared to him and strengthened him. They then cut off his skin in strips from head to foot. The martyr took one of these strips and, with it, struck the torturer on the face. The torturer, as though possessed, took a sword and killed himself. Myron was finally taken to the town of Cyzicus and there killed with the sword, in 250.; The Holy Martyr Patroclus; Our Holy Father Elias of Calabria; Our Holy Father Olympius the Iconographer of the Kiev Caves.

18 / 31 August -Afterfeast of the Dormition – The Venerable John of Rila - This great ascetic and saint of the Orthodox Church was born near Sophia, Bulgaria in the town of Skrino during the reign of King Boris. He was of poor but honourable parents. After the death of his parents, John was tonsured a monk and withdrew to a mountain wilderness and, began to live a life of strict asceticism in a cave. There, he endured many assaults, both from demons and men, from robbers and his relatives. After this, he moved to the Rila mountain and settled in a hollow tree. He fed only on herbs and broad beans, which, according to God's Providence began to grow in the vicinity. For many years, he did not see a man's face until again, by God's Providence, he was discovered by shepherders who were seeking their lost sheep. Thus, the saint was heard of among the people and they began to come to him seeking help in sickness and in sufferings. The Bulgarian King Peter himself visited John and sought counsel from him. Many who were zealots for the spiritual life settled in the proximity of John. There, a church and monastery was quickly built. St. John rested peacefully in the Lord on August 18, 946 A.D. at the age of seventy. After his death, he appeared to his disciples. At first, his relics were translated to Sophia, then to Hungary, then to Trnovo and finally to the Rila monastery where they repose today. Throughout the centuries, the Rila monastery was a beacon of light, a place of miracle-working power and a spiritual comfort for the Christian people of Bulgaria especially during the difficult times of bondage under the Turks.

The Holy Martyrs Florus and Laurus - Florus and Laurus were brothers in the flesh, and in spirit and in vocation. Both were zealous Christians and, by occupation, stonecutters. They lived in Illyria. A pagan prince hired them for the building of a temple to the idols. It happened that during their work, a piece of stone flew and struck the eye of the pagan priest's son who was observing the work of the builders with curiosity. Seeing his son blind and bloody, the pagan priest began to shout at Florus and Laurus and wanted to beat them. Then, the holy brothers said to him that if he would believe in the God in whom they believed, his son would be healed. The pagan priest promised. Florus and Laurus prayed with tears to the one, living, Lord God and traced the sign of the Cross over the child's injured eye. The child was immediately healed and his eye became whole just as it had been. Then the pagan priest Merentius and his son were baptized and, shortly after that, both suffered for Christ by fire. When they completed the temple, Florus and Laurus placed a cross on it, summoned all Christians and consecrated it in the name of the Lord Jesus with an all-night vigil of hymn singing. Hearing of this, the Illyrian deputy burned many of those Christians and threw Florus and Laurus alive in a well and then filled it with dirt. Later, their relics were revealed and translated to Constantinople. These two wonderful brothers suffered and were martyred for Christ and were glorified by Christ in the second century.

The Priestly Martyr, Emilian of Trevi - Emilian was born in Armenia. According to his wishes and seeking martyrdom, he traveled to Italy to preach Christ during the reign of Diocletian. He was elected bishop of Trevi. As a result of the many miracles during the time of his torture, approximately one thousand pagans believed in Christ. He was slain by the sword together with Hilarion, his spiritual father and two brothers, Dionysius and Hermippus.

19 August / 1 September - Afterfeast of the Dormition - The Holy Martyr Andrew Stratelates - He was an officer, a tribune, in the Roman army in the time of the Emperor Maximian. A Syrian by birth, he served in his native land. When the Persians attacked the imperial Roman army, this Andrew was entrusted with the command in the battle against the enemy— whence his title: commander, stratelates. A secret Christian, although as yet unbaptised, Andrew commended himself to the living God, and, taking only the cream of the army, went to war. Before the battle, he told his soldiers that, if they all called upon the aid of the one, true God, Christ the Lord, their enemies would become as dust scattered before them. All the soldiers, fired with enthusiasm by Andrew and his faith, invoked Christ's aid and attacked. The Persian army was utterly routed. When the victorious Andrew returned to Antioch, some jealous men denounced him as a Christian and the imperial governor summoned him for trial. Andrew openly proclaimed his steadfast faith in Christ. After harsh torture, the governor threw Andrew into prison and wrote to the Emperor in Rome. Knowing Andrew's popularity among the people and in the army, the Emperor ordered the governor to set Andrew free, but to seek another occasion and another excuse (not his faith) to kill him. By God's revelation, Andrew came to know of this imperial command, and, taking his faithful soldiers (2,593 in all) with him, went off to Tarsus in Cilicia, where they were all baptised by the bishop, Peter. Persecuted here also by imperial might, Andrew and his companions withdrew deep into the Armenian mountain of Tavros. There in a ravine, while they were at prayer, the Roman army came upon them and beheaded them all. Not one of them would recant, all being determined on death by martyrdom for Christ. On the spot where a stream of the martyrs' blood flowed down, a spring of healing water sprang forth, healing from every disease. The bishop, Peter, came secretly with his people and buried the martyrs' bodies in that same place. They all suffered with honour at the end of the third century and were crowned with wreaths of eternal glory, entering into the Kingdom of Christ our God;

Our Holy Father Theophanes - Theophanes was born in Ioannia and, as a young man, left all and went to Mt. Athos where he was tonsured a monk in the community of Dochiariu. He was an example to all the monks in fasting, prayer, all-night vigils and depriving himself of all that was unnecessary. In time, and because of this, he was elected as abbot. Later, because of some misunderstanding with the monks, he left Mt. Athos and, with his nephew, went to Berea [Beroea] in Macedonia where he established a monastery in honor of the All-holy Theotokos. When this monastery blossomed with the spiritual life, Theophanes entrusted his nephew to govern it and he went to Naousa where he established another monastery in honor of the Holy Archangels. Theophanes died peacefully in the fifteenth century. His miracle-working relics, even now, repose in Naousa and manifest the great power of God.; The Holy Martyrs Timothy, Agapius and Thecla.

20 August / 2 September - Afterfeast of the Dormition – The Holy Prophet Samuel - The fifteenth and last of the Judges of Israel, he lived eleven hundred years before Christ. He was of the tribe of Levi, born of Elkanah and Hannah in a place called Ramatha or Arimathea, where noble Joseph was later born. The barren Hannah besought Samuel of the Lord with tears, and dedicated him to God when he was three years old. Living in Shiloh near the Ark of the Covenant, Samuel, at the age of twelve, had a true revelation from God of the punishment which would come upon the house of the High Priest, Eli, because of the worthlessness of his sons Hophni and Phineas. This revelation was swiftly fulfilled: the Philistines routed the Israelites, slew both of Eli's sons and captured the Ark of the Covenant. When the messenger brought these bad tidings to Eli, he fell dead on the ground, breathing his last at the age of ninety-eight, and the same thing happened to his daughter-in-law, the wife of Phineas. Israel was under the Philistine yoke after this for twenty years. When this time had elapsed, God sent Samuel to the people to preach repentance to them as the one means of their salvation from their enemies. The people repented and cast out

the foreign idols which they had served, accepting Samuel as prophet, priest and judge. Then Samuel set out with the army against the Philistines and, with God's help, put them to confusion and slew them, freeing the land and the people. After that, Samuel judged the people in peace to old age. Seeing him growing old, the people asked him to give them a king in his place. In vain, Samuel urged the people against this, saying that God was their only king, but the people remained adamant in their desire. Although this desire was not pleasing to God, He commanded Samuel to anoint Saul the son of Kish, of the tribe of Benjamin, as king. Saul reigned a short time, and God rejected him for impudence and disobedience, and then commanded Samuel to anoint David the son of Jesse as king in Saul's place. At the time of his death, Samuel gathered all the people together and took leave of them, and when he died all Israel wept for him and buried him solemnly in his house at Ramah.; The Hieromartyr Philip, Bishop of Heraklion;

St. Oswin, king and martyr (651) - St. Oswin grew up in the political turmoil of early 7th century Northumbria. In AD 633, his father, Osric, had managed to secure the crown of Deira (modern Yorkshire) after the death of his cousin, King Edwin of Northumbria, at the Battle of Hatfield Chase. Bernicia was taken by his rival, Eanfrith, but, within a year, both men had been massacred by their enemy, the Northern Welsh and Mercians who were sweeping across the Country. The young Oswin fled to safety in Wessex. While Oswin grew into a burly young man, Eanfrith's half-brother, Oswald was accepted by both Bernicia and Deira as King of a united Northumbria and he drove off their south-western invaders. He married the daughter of the King of Wessex in AD 635, but there is no evidence of his making trouble for Oswin. Seven years later, however, Oswald was dead. His brother, Oswiu, became King of Bernicia, but was rejected by the Deirans who recalled Oswin in AD 644. He may have made his peace with the Mercians at this time and used their armies to assert his rights in the north. According to St. Bede, Oswin was "a man of handsome appearance and great stature, pleasant in speech and courteous in manner. He was generous to high and low alike and soon won the affection of all by his kingly qualities of mind and body, so that even men of very high birth came from nearly every province to his service." He was a great friend of St. Aidan and a man of "piety and devotion". Oswin was, however, despised by King Oswiu who greedily coveted the Deiran lands which had once belonged to his brother. In August AD 651, he raised a vast army, which Oswin was obliged to march out to meet, but, finding he was greatly outnumbered, the King of Deira wisely decided to withdraw from the battlefield and avoid unnecessary bloodshed. He took refuge in the house of his friend, Ealdorman Hunwald, at Gilling in North Yorkshire, but was treacherously betrayed by him. Oswiu sent his soldiers to the manor and King Oswin was cut down where he stood. He was the last King of the House of Aelle. Oswiu's wife was Oswin's cousin and she insisted her husband build a monastery at Gilling in expiation for his crime. Oswin was, however, buried at Tynemouth in Northumberland. He was remembered as a Christian martyr because he had died "if not for the faith of Christ, at least for the justice of Christ"; and his shrine became a popular place of pilgrimage.

Repose of Hieromonk Seraphim (Rose) of Platina (1982) - born Eugene Rose in 1934 in California in an American Protestant family. As a college graduate, his search for philosophical truth led him initially to Buddhism and other eastern religions. A friend encouraged him to visit the old Russian Orthodox Cathedral of the Mother of God, "Joy of All Who Sorrow", in San Francisco. Upon entering the Cathedral, during Vespers of Great Friday, he felt that his search was over and that he had "come home." He began attending the Divine Services regularly and was received into the Church. In 1963, with the blessing of Archbishop John (Maximovitch), he and another young man formed the St. Herman of Alaska Brotherhood as a missionary endeavour towards the conversion of English-speaking people. They opened a bookstore and began publishing a magazine in English, The Orthodox Word. They laboured tirelessly for the glorification of St. Herman, a missionary and wonderworker whose relics lay on American soil. A gifted intellectual with a promising career before him, Father Seraphim (then Eugene) turned his back on this world. He devoted himself full-time to missionary endeavours and the study of the Holy Fathers. Inspired by the ancient desert-dwellers and ascetics, he and his companion left San Francisco to live as monks in the Northern Californian forest. He was tonsured into the Small Schema in 1969, receiving the name Seraphim after his beloved St. Seraphim of Sarov. He built a small hut on the mountainside where he prayed and prepared many articles for publication. He wrote and translated many soul profiting books, articles, and church services, including the service to St. Herman of Alaska (sung at his glorification in 1970) and an akathist to St. John of Shanghai & San Francisco. He laboured greatly to preserve St. John's memory and to publish reports of miracles worked through him. He struggled in the face of modernism to preserve a patristic Orthodox understanding of the life of the soul after death. 'spirituality' outside the Church, and the book of Genesis, among other things. His best known works are Orthodoxy & the Religion of the Future and The Soul after Death. Father Seraphim was ordained hierodeacon in January 1977 and was raised to the rank of hieromonk on the Sunday of the Myrrh-bearers in the same year. As a priest, he ministered not only to the brethren and pilgrims at the monastery, but also to a number of small parishes in Northern California and Oregon. His constant counsel was: "Censure yourself. Never excuse yourself. If you must, or think you must give way to a weakness, then be certain that you recognise it as a weakness and a sin. But see your own faults and condemn not your brother!" During the latter portion of his life, Father Seraphim continually emphasised the need for spiritual attentiveness in preparation for struggles to come. He said often: "It is later than you think. Hasten therefore to do the work of God!" Father Seraphim reposed in the Lord in 1982 after an acute illness. He was an inspiration to many and accomplished much for the glory of God and the spread of the true Orthodox Christianity amongst English-speaking people. Forty days after his repose, Bishop Nektary (Kontzevich) of Seattle stated that he was 'a righteous man, possibly a saint'. May God grant him rest with His saints where the light of His countenance shall visit him. An may his memory be eternal!

St. Edbert + 768 - The successor of St Ceolwulf on the throne of Northumbria in England. After a prosperous reign of twenty years he resigned and went to the monastery of York, where he spent a further ten years in prayer and seclusion

21 August / 3 September - Afterfeast of the Dormition - The Holy Apostle Thaddeus - One of the Seventy, he was not that Thaddaeus who was one of the Twelve. St Thaddeus first saw and heard John the Baptist, and then saw the Lord Jesus and followed Him. The Lord included him among His seventy, lesser apostles, whom He sent two and two before His face (Luke 10:1). After His glorious Resurrection and Ascension, the Lord sent Thaddeus to Edessa, Thaddeus's birthplace, in fulfilment of His promise to Avgar, which He made when He sent him the napkin with the imprint of His face. By kissing this napkin, Avgar was healed of his leprosy, though not entirely; a little of the leprosy remained on his face. When St Thaddeus visited Avgar, the latter received him with great joy. Christ's Apostle instructed him in the true Faith and then baptised him. When the baptised Avgar came up out of the water, the remaining leprosy fell from him and he was completely healed. Glorifying God, Prince Avgar desired that his people should come to the knowledge of the true God and glorify Him. The prince called together all the citizens of Edessa before the holy Apostle Thaddeus, to hear him preach about Christ. Hearing the Apostle's words and seeing their miraculously-healed prince, the people cast away their idols and their unclean living, embraced the Christian faith and were baptised, and the city of Edessa became resplendent with the Christian faith. Prince Avgar brought much gold and offered it to the Apostle, but Thaddeus said to him: 'Having abandoned my own, do I accept another's?' St Thaddeus preached the Gospel throughout Syria and Phoenicia, and entered into rest in the Lord in the Phoenician city of Beirut.; The Holy Martyr Bassa and her children: Theognius, Agapius and Pistus; Our Holy Father Abraham of Smolensk; Our Holy Forefathers Abraham, Isaac and Jacob.

22 August / 4 September - Afterfeast of the Dormition - The Holy Martyrs Agathonicus, Zoticus and others - St Agathonicus was a citizen of Nicomedia and a Christian. He turned the Greeks from idolatry with great fervour, and instructed them in the true Faith. The imperial governor, on orders from the Emperor Maximian, was persecuting Christians with great harshness. In this persecution, he seized St Zoticus in a place called Carpe, crucified his disciples and took him off to Nicomedia, where he also seized and bound Agathonicus, Princeps, Theoprepius, Acyndinus, Severian, Zeno and many others. They were taken, securely bound, to Byzantium. On the way, Zoticus, Theoprepius and Acyndinus died from exhaustion and of their wounds. Severian was killed near Chalcedon and Agathonicus and the others were taken to Thrace, to a place called Silybria, where, after torture before the Emperor himself, they were beheaded with the sword and entered into eternal life and the joy of their Lord. The Holy Martyr Eulalia; The Holy Martyr Anthusa;

St. Sigfrid, abbot of Wearmouth (688) - Nothing is known about the early life of Saint Sigfrid, a disciple of Saint Benedict Biscop. He was known for his knowledge of Scripture, his temperance, and obedience. During Benedict's absence on his fifth visit to Rome, Saint Esterwine died. Saint Ceolfrid and the other monks elected the deacon-monk Sigfrid to take Esterwine's place as coadjutor abbot of Jarrow and abbot of Wearmouth in 686. Both saints fell deathly ill upon Benedict's return to Jarrow. Knowing that their earthly lives were about to end and wanting a final meeting to inquire about the welfare of each other and their monks, Sigfrid, suffering from a lung disease, was carried on a stretcher to Benedict's cell. They were both too weak to even embrace one another unaided. After consulting Sigfrid, Benedict sent for Ceolfrid and appointed him abbot over both monasteries. Benedict and Sigfrid, of one heart in life, died the same year. Sigfrid was buried by Saint Ceolfrid in the abbey-church of Saint Peter next to his master, Saint Benedict, and his predecessor, Saint Esterwine;

St. Symphorian (c.2nd-3rd c.) - he lived in Gaul in the Roman city of Autun, where the pagan goddess Cybele was particularly revered. On her feast day the image of this goddess was wheeled through the streets of Autun on a chariot, while the mob bowed and worshipped. Taking part in the ceremonies was the provincial governor, Heraclius. Heraclius commanded Symphorian to worship Cybele as the mother of all the gods. Declaring that he worshipped the one true God, Symphorianus asked for a hammer to smash the pagan idol. Learning that Symphorian came from a noble family, the governor decided to give him another chance. When the saint persisted in his faith, he was flogged. The governor then tried to bribe him, offering him an army commission if he would recant. But all this was in vain, and he eventually condemned the saint to be killed by the sword. Soldiers led him to the place of execution outside the city wall. As they went he saw his mother standing on the walls. She shouted to her son, 'Do not be afraid, Symphorian. Your death will lead straight to eternal life.' Then a swordsman cut off his head and he was buried in a tomb. Resurrection Tropar, Tone 2: When Thou didst descend to death, O Life Immortal, Thou didst slay hell with the splendour of Thy Godhead! And when from the depths Thou didst raise the dead, all the powers of Heaven cried out: O Giver of Life, Christ our God, Glory to Thee!

23 August / 5 September - Apodosis of the Dormition - The Holy Martyr Lupus - this holy man was a servant of St Dimitrios of Salonica. When St Dimitrios was beheaded by the Emperor Maximian, Lupus dipped the hem of his garment and his ring in the martyr's blood. Lupus worked many miracles in Salonica with this garment and ring, healing people of every pain and infirmity. The Emperor Maximian, who was still staying in Salonica, discovered this, and commanded that Lupus be tortured and killed. But the soldiers who drew their weapons on Lupus turned one on the other and wounded one another. As Lupus was not yet baptised, although he was a Christian, he prayed to God that He would somehow bring about his baptism before his death. On this, water suddenly poured down on the holy martyr from a cloud, and he thus received baptism. After harsh torture, he was beheaded and entered into the heavenly Kingdom; The Hieromartyr Pothinus, Bishop of Lyons; The Hieromartyr Irenaeus, Bishop of Lyons - He was in his youth a pupil of St Polycarp, the disciple of the apostles, who sent him to preach in Gaul. After St Pothinus's death by martyrdom, Irenaeus was made bishop. In his numerous writings, Irenaeus both expounded the Orthodox faith and defended it against heretics. He suffered for Christ in the time of the Emperor Severus, in 202, along with nineteen thousand Christians; St Victor;

Holy Martyr Ebba the Younger, abbess of Coldingham, sister of King Oswy and her companions (870) - Abbess at Coldingham, Berwickshire, Scotland, a double monastery that had been founded by Saint Ebbe the Elder, and which was the largest in the country at the time. When the monastery was attacked by Scandinavian pirates, Ebbe gathered her nuns and exhorted them to save themselves from falling into the hands of the pirates by voluntary disfiguring themselves. She then set an example by cutting off her own nose and upper lip; the other nuns did the same. When the Vikings broke into the convent, they were so horrified and angry by what the women had done to escape being raped, they locked them all in, set fire to the house, and burned them all to death.

REFLECTION

The Lord does not allow His faithful servants to be shamed. It often happened that the martyrs of Christ, ridiculed and mocked before the courts, unexpectedly performed a miracle, which instilled fear in the unbelievers. Either the idols fell or thunder destroyed the temples of the heathen or an unexpected downpour of rain extinguished the fire prepared for their burning or the torturers beat themselves with stones and rods and so forth. Thus, Antipater, the torturer of St. Myron, during the suffering of this man of God suddenly went insane and killed himself. St. Olympius, the iconographer, was already at the end of his life when he received an order from a man to paint [write] the icon of the Dormition [the Falling Asleep The Assumption] of the Most-holy Theotokos. As the feast was approaching, this man came several times to see whether the icon was completed. But the icon was not even begun, not even on the eve of the Feast of the Dormition itself when the icon was supposed to have been placed in the church. When this man returned home completely saddened, at once there appeared a young man in Olympius' cell who immediately sat down and began to write the icon. He worked very quickly and very expertly. When the icon was completed, it shone like the sun. Showing the icon to the astonished Olympius, the young man took the icon and brought it to the church for which it had been ordered. The next day, that man who had ordered the icon went to the church and, to his great surprise, saw the icon in its place. Then that man came to the monastery and, with the abbot, entered Olympius' cell. "How and who wrote the icon of this man?" asked the abbot. The ailing Olympius replied: "An angel wrote it, and he is now standing here to take me away." And with that, he gave up the spirit.