

# Descent of the Holy Spirit on the Apostles

## (Pentecost Sunday)

22 May / 4 June

**Tropar Of Pentecost, Tone 8:** Blessed art Thou, O Christ our God, Who hast shown forth the fishermen as supremely wise, by sending down upon them the Holy Spirit, and through them, didst draw the world into Thy net. O Lover of mankind, glory be to Thee.

**Kondak Of Pentecost, Tone 8:** Once, when He descended and confounded the tongues, the Most High divided the nations; and when He divided the tongues of fire, He called all men into unity; and with one accord we glorify the All-Holy Spirit.

**Vespers:** Num. 11:16-17, 24-29; Joel 2:23-32; Ezek. 36:24-28

**Matins:** John 20: 19-23

**Epistle:** Acts 2:1-11

When the Day of Pentecost had fully come, they were all with one accord in one place. And suddenly there came a sound from heaven, as of a rushing mighty wind, and it filled the whole house where they were sitting. Then there appeared to them divided tongues, as of fire, and one sat upon each of them. And they were all filled with the Holy Spirit and began to speak with other tongues, as the Spirit gave them utterance. And there were dwelling in Jerusalem Jews, devout men, from every nation under heaven. And when this sound occurred, the multitude came together, and were confused, because everyone heard them speak in his own language. Then they were all amazed and marveled, saying to one another, "Look, are not all these who speak Galileans? And how is it that we hear, each in our own language in which we were born? Parthians and Medes and Elamites, those dwelling in Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya adjoining Cyrene, visitors from Rome, both Jews and proselytes, people from Crete and Arabs--we hear them speaking in our own tongues the wonderful works of God."

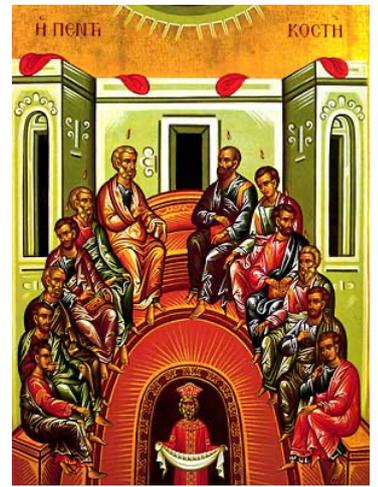
### **AND THERE APPEARED TO THEM DIVIDED TONGUES AS OF FIRE... AND THEY WERE FILLED WITH THE HOLY SPIRIT**

So that by gradual increase ...and progress from glory to glory, the light of the Trinity might shine upon the more illuminated ...for this reason it was, I think, that He gradually came to dwell in the disciples. He measured Himself out to them according to their capacity to receive Him: at the beginning of the gospel, after the Passion, after the Ascension, making perfect their powers, being breathed upon them, and appearing in fiery tongues ...You see lights breaking upon us, gradually, and knowledge of such order of theology, as is better for us to maintain, neither proclaiming things too suddenly nor yet keeping them hidden to the end ...He said that all things should be taught us by the Spirit Himself, made clear at a later time, when such knowledge would be seasonable and capable of being received after our Saviour's restoration; when it would no longer be received with incredulity because of its marvellous character. For what greater thing than this did either He promise, or the Spirit teach ...If He is not to be worshiped, how can He deify me by baptism?... And indeed from the Spirit comes our new birth, and from the new birth our new creation, and from the new creation our deeper knowledge of the dignity of Him from whom it is derived ...Look at these facts: Christ is born; the Spirit is His forerunner. He leads Him up. He works miracles; the Spirit accompanies them. He ascends; the Spirit takes His place.

*St. Gregory of Nazianzus. Fifth Theological Oration, 26, 27, 28, 29. B#7, pp. 210 -211.*

### **Gospel: John 7:37-52 & 8:12**

On the last day, that great day of the feast, Jesus stood and cried out, saying, "If anyone thirsts, let him come to Me and drink. He who believes in Me, as the Scripture has said, out of his heart will flow rivers of living water." But this He spoke concerning the Spirit, whom those believing in Him would receive; for the Holy Spirit was not yet given, because Jesus was not yet glorified. Therefore many from the crowd, when they heard this saying, said, "Truly this is the Prophet." Others said, "This is the Christ." But some said, "Will the Christ come out of Galilee? Has not the Scripture said that the Christ comes from the seed of David and from the town of Bethlehem, where David was?" So there was a division among the people because of Him. Now some of them wanted to take Him, but no one laid hands on Him. Then the officers came to the chief priests and Pharisees, who said to them, "Why have you not brought Him?" The officers answered, "No man ever spoke like this Man!" Then the Pharisees answered them, "Are you also deceived? Have any of the rulers or the Pharisees believed in Him? But this crowd that does not know the law is accursed." Nicodemus (he who came to Jesus by night, being one of them) said to them, "Does our law judge a man before it hears him and knows what he is doing?" They answered and said to him, "Are you also from Galilee? Search and look, for no prophet has arisen out of Galilee." Then Jesus spoke to them again, saying, "I am the light of the world. He who follows Me shall not walk in darkness, but have the light of life."



## IF ANYONE THIRSTS, LET HIM COME TO ME AND DRINK

Those who come to the divine preaching and give heed to the faith must manifest the desire of thirsty men for water, and kindle in themselves a similar longing; so they will be able, very carefully, to retain what is said...For to show that men ought ever to thirst and hunger, He said 'Blessed are they who hunger and thirst after righteousness' (Matt.5:6) ... Elsewhere He calls it, 'eternal life,' but here, 'living water.' He calls that 'living' which ever works: for the grace of the Spirit, when It has entered into the mind and has been established, springs up more than any fountain, does not fail, never becomes empty ...He has represented its abundance by the expression 'springing' ...Consider the wisdom of Stephen, the tongue of Peter, the vehemence of Paul: how nothing bore, nothing withstood them, not the anger of multitudes, not the risings up of tyrants, not the plots of the devils, not daily deaths, but as rivers borne along with a great rushing sound, so they went on their way hurrying all things with them ...When He was about to send them (after the crucifixion) He said, 'Receive the Holy Spirit' (c.20:22) ...and then they wrought miracles.

*St. John Chrysostom, Homily LI on John VII, 1. 2. B#58, p. 184.*

O God, You are my God; early will I seek You; my soul thirsts for You; my flesh longs for You in a dry and thirsty land where there is no water. So I have looked for You in the sanctuary, to see Your power and Your glory. Because your loving kindness is better than life, my lips shall praise You. Thus I will bless You while I live; I will lift up my hands in Your name. My soul shall be satisfied as with marrow and fatness, and my mouth shall praise You with joyful lips ...Because You have been my help, therefore in the shadow of Your wings I will rejoice. My soul follows close behind You; Your right hand upholds me. (Psalm 63:1-8).

### **On this Sunday the Kneeling prayers are said at Vespers which follows immediately after the Liturgy – the three long prayers are:**

**The First Prayer:** Priest: O Lord most pure, spotless, who art from everlasting, invisible, ineffable, unsearchable, unchanging, unsurpassable, immeasurable, longsuffering, who alone hast immortality; who dwellest in light unapproachable, who hast made heaven and earth and the sea, and all that therein is; who grantest unto all men their petitions before they ask: We pray thee, and beseech thee, O Master who lovest mankind, the Father of our Lord, and God, and Saviour Jesus Christ, who for us men and for our salvation came down from heaven, and was incarnate by the Holy Spirit of Mary the ever-virgin and exceeding-glorious birth-giver of God; who first did teach in words and afterwards did manifest himself in deeds, when he suffered his redeeming Passion; who hast given unto us, thy humble, and sinful, and unworthy servants, a command that we should offer supplications unto thee with bending; of the neck and of the knees, both for our own iniquities and for the ignorances of the people: Do thou, the same all-merciful God who lovest mankind, hear us in that day when we shall call upon thee, and more especially upon this day of Pentecost, whereon, after that our Lord Jesus Christ has ascended up into heaven, and had sat down at the right hand of thee, who art both his God and his Father, he did send down the Holy Spirit upon his holy disciples and apostles: which also did rest upon each one of them, so that they were all filled with its inexhaustible grace, and did declare thy majesty in divers unknown tongues, and did prophesy. Wherefore hearken now to us who pray unto thee, and remember us humble and condemned as we are, and turn again the captivity of our souls, exercising thy loving kindness toward us who now offer up our petitions unto thee. Accept us who fall down before thee, and who cry aloud unto thee, We have sinned! We have cloven unto thee even from our mother's womb: thou art our God. But because we have passed our days in vanity, we have stripped ourselves of thine aid, we have deprived ourselves of every valid defence. But confidently trusting in thy bounties, we call unto thee. Remember not the sins of our youth and our ignorances; and cleanse thou us from our secret sins; and forsake us not in the days of our old age, when our strength faileth us. Even until we return again into the earth, abandon us not, vouchsafe us grace to have recourse unto thee; and receive us, because of thy favour and graciousness. Measure our wickedness according to the measure of thy bounties. Set over against the multitude of our transgressions the abyss of thy compassions. Look down from thy holiness on high, O Lord, upon thy people now present before thee, who await thy rich mercies. Visit us with thy loving-kindness: deliver us from the assaults of the Devil. Establish our life in thy holy and sacred commandments. Commit thy people unto an Angel, a faithful guardian. Gather us all into thy kingdom. Grant pardon unto those who put their trust in thee. Put away from them and from us all sins. Purify us by the operation of thy Holy Spirit; bring to naught the machinations of the enemy against us.

And thereto is added the following Prayer: Blessed art thou, O Lord, Master Almighty, who hast illumined the day with the light of the sun, and hast made bright the night with the brilliant flashes of the lightning; who hast graciously enabled us to pass through the long day, and to draw near to the beginning of the night. Hear our petitions, and the petitions of all thy people, and granting pardon unto us for all our sins, both voluntary and involuntary, accept our evening prayers, and send down the multitude of thy mercy and thy bounties upon thine inheritance. Guard us with thy holy Angels. Arm us with the armour of thy righteousness. Encompass us round about with the ramparts of thy truth. Guard us by thy might. Deliver us from every assault, and from every treacherous plot of the adversary. And grant unto us that this present evening and the approaching night, and all the days of our life, may be perfect, holy, peaceful, sinless, without stumbling, untroubled of dreams; through the prayers of the holy Birth-giver of God, and of all the Saints, who, in all the ages, have been acceptable in thy sight.

**The Second Prayer:** Priest: O Lord Jesus Christ our God, who hast bestowed upon men thy peace and the gift of the Holy Spirit; who, while thou wast yet with us in the present life, didst give unto thy faithful people an inheritance which shall not be taken from them forever; who this day didst send down thy grace upon thy disciples and apostles, in manner most clear, and didst furnish their lips with fiery tongues; by whom now, we also, together with all mankind, having received, through the

hearing of our own ears divine knowledge in our own tongues, have been illumined with the light of the Spirit, and have put away the delusion of darkness by the distribution of the material and visible tongues of fire, as also by the marvellous operation of the same, whereby we have been inspired with faith toward thee, and to glorify thee, together with the Father and the Holy Spirit in one Godhead and might, and have been enlightened with power: Do thou who art the Brightness of the Father, of his Essence and his Nature the Express and Immutable Image, the Fountain of Wisdom and of Grace, open the lips of me, a sinner and teach me in what manner and for what needs I ought to pray; for thou knowest the great multitude of my sins, but thy loving-kindness shall overcome the enormity thereof. For lo! I stand in awe before thee, and have cast into the great deep of thy mercy the despair of my soul. Govern my life, O thou who governest all creation by a word, with the unutterable might of thy wisdom, O tranquil Haven of the storm-tossed; and make known unto me the way in which I should walk. Grant unto my understanding the spirit of thy wisdom, bestowing upon my ignorance the spirit of thy understanding. Overshadow my deeds with the spirit of thy fear, and renew a right spirit within me; and by thy sovereign Spirit make stable the instability of my thoughts. That being daily guided by thy good Spirit in that which is profitable for me, I may be enabled to keep thy statutes, and ever bear in mind thy glorious Coming-again, and those things worthy of torment which I have committed. And give me not over to be led astray by the corrupt pleasures of this present world, but strengthen in me the desire to strive for the treasures to come. For thou hast said, O Master: whatsoever a man shall ask in thy Name, that shall be freely received from thy God and father, who is from everlasting. Wherefore, I, also, a sinner, at this descent of thy Holy Spirit, do entreat thy goodness, that thou wilt grant me whatsoever things I have asked which are unto salvation. Yea, O Lord, the bounteous Giver of every benefit; and the Distributor of blessings,—for its thou who givest most bountifully unto those who ask of thee,—thou art pitiful and gracious, and also wast made a partaker of our flesh, yet without sin, and doest incline thine ear with infinite loving-kindness unto those who bow the knee before thee; who, also, wast made the Propitiation of our sins. Wherefore, O Lord, grant thy bounties unto thy people. Hearken unto us from thy holy heaven. Sanctify us by thy saving might of thy right hand. Cover us with the shelter of thy wings; and despite thou not the work of thy hands. Unto thee alone have we sinned, but thee alone so we serve. We know not to adore a strange god, neither have we stretched out our hands, O Lord, unto any other god. Pardon our iniquities, and accept this our prayer, which we make unto thee on bended knees. Extend unto us all the hand of thine aid. Receive our petitions of all men, as it were incense well-pleasing, acceptable before thine all-blessed kingdom. O Lord, Lord, who deliverest us from all the arrows that fly by day, deliver thou us, also, from all things that infest the darkness. Accept our evening sacrifice, even the lifting-up of our hands. Grant that we may pass through the course of the night without sin, untempted of evil things; and deliver us from every alarm and cowardice that cometh to us from the Devil. Grant unto our souls contrition, and unto our minds anxiety concerning that strict searching out of the thoughts which shall come in the dread and just Day of Judgment. Nail our flesh to the fear of thee, and mortify our earthly members: that, in the quietness of sleep, we may be illumined by the vision of thy judgments. Remove from us, also, every unseemly imagination and hurtful carnal passion. Raise us up again at the hour of prayer, fortified in the faith, and advancing in thy commandments.

**The Third Prayer:** Priest: O Fountain, ever-flowing, living, illumining; Power creative, coeternal with the Father, O Christ our God, who hast most excellently fulfilled all the plans for the salvation of mankind; who didst shatter the bonds indestructible of Death, and the bolts of Hell, and didst trample under foot a host of evil spirits; who didst offer thyself a blameless victim for us, giving thine all-holy Body for a sacrifice inviolate, and unassailed of every sin, and who, through that terrible and ineffable act of sacrifice, didst bestow upon us life eternal; who didst descend into Hell, and break the everlasting bars, and show a way up unto those who abode in the lower world; and having enticed, by divinely wise allurements, the origin of mischief and the serpent of the abyss, and bound him with cords of nethermost gloom and fire unquenchable in Tartarus, and confined him in outer darkness, by thine infinite and fettering might, O Wisdom greatly glorified by the Father, thou didst manifest thyself as a mighty helper of the assailed; and didst enlighten those who sat in darkness and in the shadow of death, Do thou, O Lord of the everlasting glory and Son beloved of the Father most high, Light Eternal of Light Eternal, the Sun of Righteousness, hear us, who now make our fervent supplications unto thee, and give rest to the souls of thy servants our fathers and brethren, and other kinsmen after the flesh, and of all of the household of faith, who have fallen asleep, and whom we now call to remembrance. For thou hast power over all things, and in thy hand thou upholdest all the ends of the earth. O Master Almighty, the God of our fathers and Lord of mercy, Creator of the race of mortals and immortals, and of every nature of man; of that which is brought together and is again put asunder; of life and death; of sojourn in the world that now is, and of translation to the world which is to come; thou meetest out the years of life, and appointest the time of death; thou bringest down to Hell, and again raisest up; thou bindest unto impotency and loosest unto power, ordering things present according to their necessity, and appointing things to come as is expedient, quickening with the hope of Resurrection those who were smitten with the sting of death. For thou art, of a truth, the Master of all men, O God our Saviour, the hope of all the ends of the earth, and of those who are afar off upon the sea; Who, on this last, and great, and redeeming day of the Pentecost feast, didst reveal unto us the mystery of the Holy Trinity, one in Essence, coeternal, undivided and unmingled; and didst pour out the indwelling and descent of thy holy and life-giving Spirit, in the form of tongues of fire, upon thy holy apostles; and didst appoint the same to be the heralds of the glad tidings of our holy faith; and didst make them confessors and teachers of the true divine knowledge; who, also, on this all-perfect and saving Feast, art graciously pleased to accept propitiatory prayers for those who are imprisoned in Hell, promising unto us who are held in bondage great hope of release from the vileness that doth hinder us and did hinder them; and that thou will send down thy consolation. Hear us, thy humble ones, who make our supplications unto thee, and give rest to the souls of thy servants who have fallen asleep, in a place of light, a place of verdure, a place of refreshment whence all sickness, sorrow and sighing have fled away: and establish thou their souls in the mansions of the Just; and graciously vouchsafe unto them peace and pardon; for the dead shall not praise thee, O Lord, neither shall they who are in Hell make bold to offer unto thee confession. But we who are living will bless thee, and will pray, and offer unto thee propitiatory prayers and sacrifices for their souls. O God great and eternal, who art holy and lovest mankind; who hast vouchsafed unto us at this present hour to stand before thine ineffable glory, and to sing and to praise thy wonders: Purify us,

thine unworthy servants, and grant us grace that, with a contrite heart, and without presumption, we may offer unto thee the Thrice-Holy hymn of praise and thanksgiving for thy great gifts, which thou hast bestowed and always dost bestow upon us. Remember, O Lord, our weakness, and destroy us not in our iniquity, but show great mercy upon our humility; that, fleeing from the darkness of sin, we may walk in the daylight of righteousness; and that, putting on the armour of light, we may remain unassailed by any despiteful attack of the Evil One, and with boldness may glorify in all things thee, the only true God, who also lovest mankind. For thine, O Lord and Creator of all men, is that great and veritable mystery, the dissolution of thy creatures for a season, and thereafter their restoration to wholeness and their rest forever. We acknowledge thy grace in all things; for our coming into this world and our going out of it; for our hopes of resurrection and of the life immortal faithfully pledged unto us through thine unfailing promises, the which we shall receive hereafter in thy Second Coming. For thou art the Chieftain of our Resurrection, and the Judge impartial and gracious to the dead, and the Master and Lord of recompense, who didst become a partaker, on equal terms, of our flesh and blood, because of thine exceeding great condescension; and when, of thine own will, that thou mightest place thyself under temptation, thou didst accept our congenital passions, because of thy compassion, and didst suffer through them, being thyself tempted thereby, thou didst become for us who are tempted the helper which thou thyself hadst promised; and thereby hast thou led us to thy passionlessness. Wherefore, O Master, receive thou our prayers and supplications, and give rest unto the fathers, mothers, children, brothers, and sisters, blood-relations and kinsfolk of each and all of us, and unto all souls which have fallen asleep before us; and establish their spirits in the hope of Resurrection unto life eternal, and inscribe their names in the Book of Life, in the bosom of Abraham, and of Isaac, and of Jacob, and in the land of the living, in the kingdom of heaven, in the Paradise of sweetness; by thy radiant Angels guiding all into thy holy mansions; raising up with thee, also, our bodies, in that day which thou hast appointed by thy holy and faithful promise. Because there is no death, O Lord, for thy servants when we depart from the body and come unto thee, our God, but a change from things very sorrowful unto things most salutary and most sweet, and unto repose and gladness. If, therefore, we have in aught transgressed against thee, be merciful unto us and unto them; because there is no one pure from stain in thy sight, even for a single day of his life, save thou alone, who didst manifest thyself sinless upon earth, O our Lord Jesus Christ; through whom also we all trust to receive mercy and the remission of our sins. Wherefore, in that thou art a gracious God and lovest mankind, do thou, both to them and to us, pardon, remit, forgive our sins, both voluntary and involuntary, which we have committed whether wilfully or through ignorance; whether those which are manifest or those which have escaped our notice; whether of deed, or of thought, or of word, whatsoever they may be, in all our acts and lives. And unto the departed also grant thou release and pardon; and bless us who are here present, granting unto us, and to all thy people, a good and peaceful ending, and opening unto us the tenderness of thy mercy and love toward mankind at thy dread and terrible Coming-again; and make us worthy of thy kingdom. O great and most high God, who alone hast immortality, and dwellest in light unapproachable; who hast made all creation in wisdom; who hast divided the light from the darkness, and hast appointed the sun to rule the day, the moon and stars also to rule the night; who hast vouchsafed unto us sinners at this present hour also to come before thy presence with confession, and to offer unto thee our evening sacrifice of praise: Do thou thyself, who lovest mankind, direct our prayer as a censer before thee, and accept it for a savour of sweet incense; and grant that we may pass this present evening and the coming night in peace. Endue us with the armour of light. Deliver us from the terror of the night, and from everything that walketh in darkness; and grant that the sleep, which thou hast appointed for the repose of our weakness, may be free from every imagination of the Devil. Yea, O Master, Bestower of all good things, may we, being moved to compunction upon our beds, call to remembrance thy holy Name in the night season: that, enlightened by meditation on thy statutes, we may rise up in joyfulness of soul to glorify thy goodness, offering up prayers and supplications unto thy tender love for our own sins and for those of all thy people: whom do thou visit in mercy, through the intercessions of the holy Birth-giver of God. For thou art a gracious God, and lovest mankind, and unto thee do we ascribe glory, to the Father, and to the Son, and to the Holy Spirit, now, and ever, and unto ages of ages. Amen.

The Holy Spirit provides every gift: He inspires prophecy, perfects the priesthood, grants wisdom to the illiterate, makes simple fishermen to become wise theologians, and establishes perfect order in the organisation of the Church. Wherefore, O Comforter, equal in nature and majesty with the Father and the Son, glory to You...

In the days of old, pride brought confusion of tongues to the builders of the tower of Babel, but now the diversity of tongues enlightened the minds and gave knowledge for the glory of God. There, God punished infidels for their sin, while here Christ enlightened fishermen through the Spirit; there the confusion of tongues was for the sake of vengeance, while here there was variety so that voices could be joined in unison for the salvation of our souls.

*Stichera of Pentecost for Vespers, B#10, pp. 891, 894.*

## Saints of the Week

### *Fast Free Week*

**22 May / 4 June — The Holy Martyr Basiliscus** - a kinsman of St Theodore the Tyro, he was martyred together with Eutropius and Cleonimus (March 3rd). When these two were crucified and gave up the ghost, Basiliscus was taken back to prison. A change of governors occurring at this time, Basiliscus remained a long time confined in prison. He besought God with tears that He would not deprive him of a martyr's death for His sake. After he had prayed at length, the Lord Jesus appeared to him and promised to fulfil his desire, sending him to his village to say farewell to his mother and brothers. Thereupon the new governor, Agrippa, arrived and sent to have Basiliscus brought from the village immediately. On the way to the city of Amasea, the Lord worked great wonders through His martyr, bringing many of the people to faith in Christ. Agrippa ordered the martyr to offer sacrifice to Apollyon. "Apollyon" means "Destroyer", said Basiliscus, and, with fervent prayer, he knocked the

idol to dust and burned the temple with fire from heaven. The terrified Agrippa attributed this all to magic, and ordered that Basiliscus be beheaded with the sword. Agrippa immediately became insane and, in his madness, went to the place of execution, found a little of the martyr's blood in the dust and smeared it on himself under his belt, being restored to health by it. Having come to his senses, he was baptised. Later, a certain Marinus, a citizen of Comana (the place of Basiliscus's execution) built a church over the martyr's relics, and many of the sick found healing there.

**The Holy Martyr John Vladimir, King of Serbia** - John Vladimir was of princely lineage from Zahumlje. His grandfather was called Hvalimir and his father Petrislav. As a ruler, he was wise, merciful, meek, chaste and brave. He fervently prayed to God and voluntarily built churches and supported them. However, he had difficult struggles both internally and externally. Internally, from heretics and the Bogomils and externally from Tsar Samuel and Tsar Basil who wanted to conquer him. Samuel deceitfully captured him and cast him into prison. While he languished in prison an angel of God appeared to him and foretold that he would shortly be freed, but that he would die a martyr's death. Getting to know him better, Samuel grew to like him and gave his daughter Kosara to be his wife. When Samuel died, his son Radomir was crowned Tsar. But Vladislav, his twin brother, slew Radomir and deceitfully summoned Vladimir and beheaded him in the year 1015 A.D. The relics of this saintly king repose uncorrupt in his monastery near Elbasan and over his relics, throughout the ages and even today, numerous miracles occur. In 1925, a church was built to honor this crowned martyr adjacent to the monastery of St. Nahum since John Vladimir was the benefactor of this glorious monastery.

**The Second Ecumenical Council** - This Council was called during the reign of Emperor Theodosius the Great in Constantinople in the year 381 A.D. Its goal was to confirm the Orthodox teaching concerning the Holy Spirit about Whom the Patriarch Macedonius of Constantinople erroneously taught. He erroneously taught that the Holy Spirit is God's creature and not a divine person [Hypostasis] equal to the Father and Son and One in essence with Them in the Holy Trinity. Macedonius was condemned by this Council and the teaching about the Holy Spirit was added to the Nicæan Symbol of Faith [the Nicene Creed].

**Holy and Righteous Melchisedek, King of Salem** - Melchisedek was a contemporary of our forefather Abraham. According to the words of the Apostle Paul he was a king, priest and proto-type of the Lord Jesus Christ ([Hebrews 7](#)).

**23 May / 5 June — St Michael, Bishop of Synnada** - from his childhood, this wise and holy hierarch consecrated himself to the service of Christ. He laboured in asceticism together with Saint Theophylact of Nicomedia. Once, in a time of drought, these two holy men caused an abundance of rain to fall on the earth by their prayers. Because of the life of asceticism and chastity that Michael had led from his early youth, he was chosen and consecrated by Patriarch Tarasius as Bishop of Synnada. He took part in the Seventh Ecumenical Council in 787. At the wish of the Emperor, he visited Caliph Harun al-Rashid to conduct peace negotiations. In the time of the wicked Emperor Leo the Armenian, he was deposed from his episcopal throne for his veneration of the holy icons and sent into exile, where he died in want and poverty, faithful to Orthodoxy to the end. He entered into the Kingdom of Christ the King in 818.

**Our Holy Father, the Martyr Michael** - After the death of his parents, Michael distributed all of his goods to the poor and went on a pilgrimage to Jerusalem. Following that, he entered the monastery of St. Sabas the Sanctified where he was tonsured a monk. Michael was quite young and of a handsome countenance but, from much fasting, he appeared withered and pale. At that time, the Arabs ruled Jerusalem. One day Michael was sent by his spiritual father to the city to sell his handiworks. He was met on the streets by the eunuch of the Arabian queen who brought him to her to display his handiworks. When the queen saw this handsome monk she became inflamed with unclean passion and proposed carnal sin to the monk as once did the wife of Potiphar to the chaste Joseph. When Michael rejected the impure offer and began to flee, the angry queen ordered that he be beaten with canes and after that brought him to the king with the charge that he blasphemed the faith of Muhammad. The king proposed that Michael embrace the Islamic faith, but he refused. He was then given a potent poison to drink. Michael drank the poison but nothing happened to him. Then the king ordered Michael to be beheaded in the centre of Jerusalem. Monks discovered his body and removed it to the monastery of St. Sabas where they honourably buried him. St. Michael suffered for Christ and was glorified in the ninth century;

**Our Holy Mother Euphrosyne, Princess of Polotsk** - the daughter of Prince Vseslav of Polotsk. When her parents wanted to betroth her, she fled to a convent and was tonsured a nun. An angel of the Lord appeared to her three times and revealed to her where she must establish a new convent for virgins. She even attracted her sister Eudocia to the monastic life and many other maidens from the ranks of the aristocracy. Her cousin, Zvenislava, by birth Princess Borisov, brought all of her riches, clothes and precious stones and said: "All the beauty of this world, I consider vanity and these adornments prepared for my marriage, I give to the Church of the Savior and I, myself, wish to be betrothed to Him in a spiritual marriage and place my head beneath His good and easy yoke." Euphrosyne also tonsured her a nun and gave her the name Eupraxia. In her old age, Euphrosyne desired to die in Jerusalem and for that she prayed to God. God heard her prayers and, indeed, when she visited Jerusalem she died there. Euphrosyne was buried in the monastery of St. Theodosius on May 23, 1173 A.D.

**24 May / 6 June — Our Holy Father Simeon Stylites of the Wonderful Mountain** - This wonderful and holy man was born in Antioch in 522, in the reign of the Emperor Justin I the Elder. His father perished in an earthquake and he was left alone with his mother, Martha. When he was six years old, he went away into the desert to John, a spiritual teacher there and, under his guidance, gave himself to a strict asceticism of fasting and prayer, to the wonderment of all who saw him. Whilst enduring fearful demonic trials, he received great comfort and grace from the Lord and His angels. Christ the Lord appeared to him in the form of a handsome youth, and, after this vision, Simeon's heart was inflamed with great love for Christ. He spent many years on a pillar, praying and singing psalms. Led by God, he took himself off to the mountain called 'Wonderful' by the Lord Himself, and is known as 'of the Wonderful Mountain' because of this. The measure of his love for God was such that rare grace was given him, by the help of which he was able to heal every sort of illness, tame wild beasts and perceive the most distant regions of the earth and the hearts of men. He was taken out of the body and saw the heavens, conversed with angels, harried the demons, prophesied, spent thirty days at a time without sleep and even longer without food, receiving

nourishment at the hands of angels. The words of the Saviour: 'He that believeth on Me, the works that I do shall he do also, and greater works than these shall he do' (Jn 14:12), were completely fulfilled in him. In the year 596, at the age of seventy-five, Simeon went to the Lord, to the eternal enjoyment of the vision of the face of God in the company of the angels.

**The Holy Martyr Meletius Stratelates along with 1218 Soldiers and their wives and children** - Meletius was accused of demolishing a pagan temple during the reign of Emperor Antoninus. Nailed to a tree, Meletius gave up his holy soul. Many soldiers under his the command, who refused to deny Christ their Lord, suffered with him. They all honourably suffered in the eleventh century and took up habitation in the kingdom of Christ the God;

**Our Holy Father Nikita Stylites** - As a youth, Nicetas lived an unrestrained and sinful life. Entering into church by chance, he heard the words of the Prophet Isaiah: "*Wash yourselves (from sin) and you will be clean*" (Isaiah 1:16). These words entered deeply into his heart and caused a complete turnabout in his life. Nicetas left his home, wife, property and entered a monastery near Pereyaslavl, where he lived an ascetical life of difficult mortifications until his death. He wrapped chains around himself and enclosed himself in a pillar for which reason he was called a Stylite. God endowed him with abundant grace so that he healed men of various tribulations. He cured Prince Michael Chernigov of palsy. Certain evil doers spotted the chains on him and, because of their brightness, thought they were made of silver. They killed him one night, removed the chains and carried them away. This occurred on May 16, 1186 A.D. After his death, he appeared to the Elder Simeon and ordered that his discovered chains be placed next to his body in the tombs;

**St. Vincent of Lerins** - + c 445. Perhaps of a noble family in Gaul, in early life he followed a military career but abandoned it to become a monk at Lérins in southern France. He is best known as the writer of the *Commonitorium*, where he formulates the Orthodox principle that the only true teachings are those which have been held 'everywhere, always and by all the faithful' (*Quod ubique, quod semper, quod ab omnibus*). It is the Church which interprets the Scriptures and is the source of the Faith.

**25 May / 7 June — The Third Finding of the Head of St John the Baptist** - in the eighth century, during a period of fierce iconoclasm, the head of St John the Baptist was taken to Comana, the place of St John Chrysostom's exile. When the iconoclast persecution ended in 850, in the time of the Emperor Michael and Patriarch Ignatius, the honoured head of St John was taken to Constantinople and placed in the church at the imperial court.

**The Hieromartyr Therapon, Bishop of Cyprus** - Therapontus was a monk and an ascetic on the island of Cyprus. He was found worthy of the episcopal rank, but during the time of the persecution of Christians, he was found worthy of an even greater wreath, the crown of martyrdom. His body reposed in a church on Cyprus. When, during the reign of Emperor Nicephorus in the year 806 A.D., the island of Cyprus was attacked by the Hagarenes, the saint appeared to the sexton of that church and told him that the infidels will attack Cyprus and ordered him to remove his relics to Constantinople. The sexton did this immediately. While the boat was travelling on the sea with the reliquary, a great storm arose but the sea was calm around the boat and a sweet-smelling fragrance emitted around the entire boat in all directions. The sexton opened the reliquary and everyone witnessed that it was filled with myrrh [oil] which flowed from the saint's relics. By rubbing themselves with this oil, many of the sick were healed. A church was built in Constantinople over the relics of this miracle-worker, who continued to grant healing to all those who with faith touched them. By the Grace of God, the gravest illness of possession, of cancer, of haemorrhaging, of insanity, of blindness, of barrenness and of various other maladies were cured by the relics of St. Therapontus;

**The Holy Martyrs Pasicrates, Valentian, Julius and others** - They were all Roman soldiers. They all suffered for Christ in Macedonian Dorostol about the year 302 A.D. When Pasicrates' brother Papias, who apostatized from Christ because of fear, began to persuade him to deny Christ and remain alive, St. Pasicrates answered him: "Depart from me, you are not my brother!" Pasicrates and Valentian were beheaded together. At the trial, St. Julius said: "I am a veteran; for twenty-six years I have faithfully served the emperor and since I was faithful to a lesser one, how can I not be faithful to a greater one?" i.e., to the Heavenly King. After that, Nicander was brought before Maximus the Perfect. Nicander's wife encouraged her husband to die for Christ. "Foolish old woman" Maximus said to her angrily, "You just want a better husband." The woman answered him: "If you think that of me, give the order and let them kill me now before my husband!" Marcian was also slain with Nicander. Marcian's wife approached the scaffold carrying her son in her arms. Marcian kissed his son and prayed to God: "O All-powerful Lord, You take care of him!" Following that, they were beheaded and were translated into the kingdom of Christ;

**St. Aldhelm, bishop of Sherbourne. - 639-709.** Born in Wessex in England, he became a monk at Malmesbury and taught there. In 675 he became abbot and in 705 first Bishop of Sherbourne. Aldhelm was the first Englishman to attain distinction as a scholar

**May 26 / June 8 — Holy Apostle Carpus** - One of the Seventy, he was a follower and companion of the Apostle Paul, who installed him as Bishop of Varna in Thrace. But he also preached the Gospel in Crete, where he was host to St Dionysius the Areopagite. St Dionysius testifies that he was a man with an exceptionally pure mind, of great humility and guilelessness. He further relates how the Lord Jesus Himself appeared to Carpus in a vision with His angels, and how he never began the Liturgy without first receiving a heavenly vision. He endured many assaults for the name of Christ, and finally suffered at the hands of the faithless Jews and was murdered. His soul entered into the Kingdom of God, to delight forever in the vision of the Lord in glory; The Holy Apostle Alphaeus - the father of two of the Twelve Apostles: James the son of Alphaeus and Matthew the Evangelist. He entered peacefully into rest; Our Holy Father John of Psychaita ; The Holy New Martyr Alexander of Salonica;

**St. Augustine of Canterbury, evangeliser of England (c.605) —** a native of Italy and a disciple of Felix, Bishop of Messina. He became prior of the Monastery of St Andrew on the Celian Hill in Rome, and was chosen by Saint Gregory the Great to lead a mission of forty monks to evangelise the Anglo-Saxon peoples of Britain. He arrived in 597 A.D., landing at Ebbsfleet in Kent. He was given a guarded welcome by King Ethelbert, being allowed to centre his mission on the ancient church of St Martin in Canterbury. Subsequently he brought the pagan king to the Christian Faith, baptising him and many thousands of his people. He was consecrated Bishop by St Virgilius of Arles, built the first cathedral in Canterbury and founded the Monastery of Sts Peter and Paul there, which, now in ruins, is more commonly called St Augustine's. He was instrumental in founding the

English dioceses at Rochester and London, consecrating Sts Justus and Mellitus as their bishops. He also helped the king draft the earliest Anglo-Saxon written laws and founded a school in Canterbury. He was known as a miracleworker in his lifetime, and he reposed in the Lord in the year 604 on 26th May. He was laid to rest near the as yet unfinished monastery Church of Sts Peter and Paul, and in 613 A.D., when it was dedicated, his sacred relics were placed within the church. Along with his Elder, the Pope St Gregory, he is rightly called the Apostle of the English. He was the founder of the English Church and hierarchy which remained Orthodox in faith and an integral part of the One Church founded by our Saviour for four and a half centuries. The many saints of that period are his spiritual children. Through his prayers may the Lord grant that those people of England who are now returning to the Apostolic and Orthodox faith receiving the one Baptism of the Church, might in this life and in the next be counted among that company of saints, the flock of St Augustine; Queen Bertha, apostle to the Anglo-Saxons at Kent.

**May 27 / June 9 — The Hieromartyr Therapon, Bishop of Sardis** - he brought many Greeks to the Christian faith and was cruelly persecuted by the pagans, being starved, imprisoned and flogged. They stripped him and threw him to the ground, bound him to four posts and beat him mercilessly, until they had stripped the flesh from his bones. However, the martyr still remained alive and the four dry posts became green and grew into tall trees from which many of the sick received healing. Finally St Therapon was slain like a lamb and entered into the Kingdom, to behold the glory of God in eternity. He suffered with honour in the time of Valerian, m about 259; The Holy Martyrs Theodora and Didymus; St David of Garesjei;  
**St. Bede the Venerable** - 673-735. Born in Wearmouth in the north of England, as a child he entered the monastery of Sts Peter and Paul at Wearmouth-Jarrow, and spent his whole life there, 'always praying, always writing, always reading, always teaching'. He wrote many commentaries on the Scriptures. His work The History of the English Church and People earned him the title of the Father of English History. He reposed on Ascension Eve and his dying words were Glory to the Father and to the Son and to the Holy Spirit.

**May 28 / June 10 — St Nicetas the Confessor, Bishop of Chalcedon** - he renounced the world in his youth and withdrew to follow the path of monastic asceticism. He shone like the sun with virtue and came to the attention of the ecclesiastical authorities, being raised to the episcopal throne of Chalcedon. He was, as a hierarch, particularly compassionate to the poor and cared for many orphans, widows and beggars. When the wicked Emperor Leo the Armenian made his stand against the icons, St Nicetas came courageously to their defence, denouncing the Emperor and expounding their meaning. He was finally driven into exile for his confession of the Faith, and, after much hardship and suffering, went to the Lord to receive a wreath of glory in the Kingdom of God;

**The Holy Martyr Heliconis** - born in Thessalonica and was educated in Christian piety. During the reign of Gordian and Philip, she moved to Corinth where she openly denounced all those who offered sacrifices to the idols. When Perinus the mayor counselled her to offer a sacrifice to the idol Aesculapius, this martyr of Christ said to him: "Hear me, I am a handmaiden of Christ and who Aesculapius is, I do not know. Do with me what you will." For this, she was brought to trial and endured terrible tortures. She was cast into fire and much blood poured from her body which extinguished the fire and she remained alive. She was cast before lions but the lions did not touch her but fawned around her. Admitted into the temple, allegedly to offer sacrifices to the idols, she destroyed the idols, and by this, embittered the torturer even more. Lying wounded in prison, the Lord Himself appeared to her with the Archangels Michael and Gabriel. He healed her wounds, comforted and strengthened her. After that she was led to the scaffold to be beheaded. Before her beheading, Heliconis raised her arms high and prayed that God receive her and unite her with His lambs in the heavenly enclosure. When she completed her prayer, a voice was heard from heaven: "Come daughter, a wreath and a throne is prepared for you!" Finally, she was beheaded and received the wreath of glory from God to Whom, out of love, she sacrificed herself as an innocent and pure lamb;

**St Ignatius, Bishop of Rostov** - As a hierarch, he governed the flock of Christ for twenty-six years with great love and compassion. When he died and as his body was being placed in church, some of those who were present witnessed as his body rose from the coffin into the air above the church and from the heights, he blessed the people and the to the Lord on May 28, 1288 A.D.; St. Germanus, bishop of Paris, St. William of Toulouse.