

14th Sunday After Pentecost

Holy Prophet Zachariah and Saint Elizabeth, parents of the Forerunner

5 / 18 September 2011

Resurrection Tropar, Tone 5: Let us, the faithful; praise and worship the Word, / Co-eternal with the Father and the Spirit, / born for our salvation from the Virgin; / for He willed to be lifted up on the cross in the flesh, / to endure death, / and to raise the dead / by His glorious Resurrection!

Troparion of St Zacharias tone 4: Arrayed in priestly vestments, thou didst offer sacrifice according to God's law./ Thou wast a light and a seer of mysteries bearing the signs of grace within thee./ Thou wast slain in the temple of God,/ O Zacharias, Prophet of Christ./ Together with the Forerunner pray that our souls may be saved.

Resurrection Kondak, Tone 5: Thou didst descend into hell, O my Saviour, / shattering its gates as Almighty, / resurrecting the dead as Creator, / and destroying the sting of death. / Thou hadst delivered Adam from the curse, O Lover of Man, / and we cry to Thee, O Lord, save us.

Kontakion of St Zacharias tone 3: Zacharias, Prophet and Priest and father of the Forerunner,/ is preparing a feast for the faithful/ and is mixing a draught of righteousness. / Let us praise him/ as a holy seer of the grace of God.



Matins Gospel III

Epistle: Corinthians 1:21 - 2:4

Now He who establishes us with you in Christ and has anointed us is God, Who also has sealed us and given us the Spirit in our hearts as a guarantee. Moreover I call God as witness against my soul, that to spare you I came no more to Corinth. Not that we have dominion over your faith, but are fellow workers for your joy; for by faith you stand. But I determined this within myself, that I would not come again to you in sorrow. For if I make you sorrowful, then who is he who makes me glad but the one who is made sorrowful by me? And I wrote this very thing to you, lest, when I came, I should have sorrow over those from whom I ought to have joy, having confidence in you all that my joy is the joy of you all. For out of much affliction and anguish of heart I wrote to you, with many tears, not that you should be grieved, but that you might know the love which I have so abundantly for you.

WHO ALSO HAS SEALED US AND GIVEN US THE SPIRIT IN OUR HEARTS AS A DEPOSIT

Again, from the past He establishes the future. For it is He Who establishes us in Christ (that is, who does not suffer us to be shaken from the faith which is in Christ) and He Who anointed us and gave the Spirit in our hearts. How will He not give us the future things? For He gave the principles and the foundations, and the root and the fount (to wit the true knowledge of Him, the partaking of the Spirit) how will He not give the things that come of these? ...And what is 'anointed,' and 'sealed?' He gave the Spirit, by Whom He did both these things, making at the same time prophets and priests and king, for in old times these three ranks were anointed ...For we are both to enjoy a kingdom and to be made priests by offering our bodies for a sacrifice (for he says 'present your members a living sacrifice to God') and moreover we are constituted prophets too: for 'the things eye has not seen, nor ear heard,' (I Cor. 2:9) these have been revealed to us. And in another way, too, we become kings: if we have the mind to get dominion over our unruly thoughts, for such a one is a king and more than one who wears a diadem.

St. John Chrysostom. Homily III on II Corinthians I, 4, 5. B#56, pp. 289-290.

Second Epistle Hebrews 6: 13-20

Gospel: St. Matthew 22: 1-14

The Lord said this parable: "The kingdom of heaven is like a certain king who arranged a marriage for his son, And sent out his servants to call those who were invited to the wedding; and they were not willing to come. Again, he sent out other servants, saying, 'Tell those who are invited, "See, I have prepared my dinner; my oxen and fatted cattle are killed, and all things are ready. Come to the wedding." ' But they made light of it and went their ways, one to his own farm, another to his business. And the rest seized his servants, treated them spitefully, and killed them. But when the king heard about it, he was furious. And he sent out his armies, destroyed those murderers, and burned up their city. Then he said to his servants, 'The wedding is ready, but those who were invited were not worthy. Therefore go into the highways, and as many as you find, invite to the wedding.' So those servants went out into the highways and gathered together all whom they found, both bad and good. And the wedding hall was filled with guests. But when the king came in to see the guests, he saw a man there who did not have on a wedding garment. So he said to him, 'Friend, how did you come in here without a wedding garment?' And he was speechless. Then the king said to the servants, 'Bind him hand and foot, take him away, and cast him into outer darkness; there will be weeping and gnashing of teeth.' For many are called, but few are chosen."

THE WEDDING FEAST

Such a Gospel the Holy Church offers today for our attention: the Gospel about the wedding feast. And in verses 10 to 13 is the section which refers to both the good and the evil ones who gathered at the meal. And when the lord entered, he found one man who was not dressed in a wedding garment. And just for this, that he was not wearing a wedding garment, such a terrible punishment followed. He was thrown out, bound, and was cast into a place of fire. For us this may even be incomprehensible. What is this actually? God is merciful, compassionate, and suddenly such a terrible punishment. Here is something we must understand. Let us look at it. If you remember, brothers, the Gospel which was read Sunday before last, you will recall also the pious young man who approached the Lord and asked Him what to do in order to enter the Kingdom of God. The Lord said, Fulfil the commandments. He said that he had fulfilled them. But seeing his heart, the Lord said: Give away everything you possess and follow me (Mt. 19:16-21).

The Lord called the young man to follow Him, but this young man was rich. And he trusted in these earthly riches, in the things that surround us. He somehow didn't understand that this very night his soul might be taken away and pass into eternal life. And what did he go away with? The Lord called him for renewal, to remove from his heart all the scabs, which are human passions. The Lord called. But he had riches which made him think that this earth is ours and is the purpose of our life. This is all we have: our houses, our villas, our cars, our relationships with each other. And we don't notice that one after another we depart. So this means that the Gospel of the Sunday before last is pointing out: do not trust, do not persist in your strivings for possession of earthly things, because this very night eternity may open for us. The earth is given to us only as a means of receiving those things which should be in a man's soul. And our soul should be suffused, as if saturated with the Beatitudes.

And this past Sunday. In the Gospel reading it told about the vineyard workers. The lord created the vineyard, gave them livelihood for their work. This livelihood consisted of everything that was needed for their life. But they, like the young man, accepted in their heart that this vineyard was their riches, that it belonged to them. This very vineyard, which was serving only as a means of acquiring goodness of heart, became for them an object of temptation. They decided to use it as their own. And therefore, they drove off all symptoms that were telling them that, after all, this was not theirs, that it belonged to the Lord; and you have to do what the Lord requires of you: cultivate the vineyard. Then you will receive in your heart that goodness with which you can depart from this vineyard and go to something much better and greater, to something which God has prepared for you. But they did not pay attention to these symptoms. The vineyard became for them such a temptation, as the earth is for us, in which we seem to have everything we need. On it we build our villas, and close by are lying Lazaruses—beggars, widows, unfortunate children who have to be raised. But we do not concern ourselves with them. We are busy with our fine clothes, our meals, with such matters that will remain here. And the person departs into eternal life hungry, without good deeds.

Now that we have analysed these two Gospels, we ask: Why did the Lord tell this parable, and why does the Holy Church offer it today for our attention? Everyone who knows the Gospel knows also that, in addition to the Evangelist Matthew whose Gospel was read today, the Evangelist Luke also refers to this parable in some detail (Lk. 14:15-24). It tells there how Christ was invited to the meal of Simon the Pharisee. At this meal Christ saw what the Jews did who accepted the law of Moses, how they changed the law of Moses into a means of their own greatness and pride. And Christ, seeing this and feeling sorry for Simon who had invited Him, started to teach him. This was heard by all who were present at the meal. And they were supposedly right-believing Jews, Pharisees of Pharisees. And when Christ began to speak, He was for them...who was He? Just a rabbi. Here one of the Jews could not contain himself. And when Christ said that people will receive for their good deeds the Kingdom of God, he exclaimed, "Blessed is He that shall eat bread in the Kingdom of God!" (Lk.14: 15). Blessed! Because this blessedness belongs to the children of Abraham; what you are talking about belongs to us. Why bother with good deeds? The promise which was given to Moses is ours and we are using it—we, the Jews. This is our kingdom.

Then Christ, answering about this "kingdom," gave them this parable. Here He pointed out that the Jews were called by God for such a long time to receive blessedness, were called to a pure life; but they did not come. They were busy in the same way as that young man, as the workers in the vineyard—with earthly things. Apparently they were building for themselves palaces, buying unfortunate slaves, living in comfort, and they had no concern for anything else. And therefore, why bother with a king's feast? So their response to this feast was such that almost everyone refused to come. Then the Lord called his soldiers and through the soldiers called everyone, both evil and good, without discrimination: everyone had to come.

In the East when a feast was given, not only was food presented but also raiment. In this way, when garments were given to those who came—harlots, tax collectors, and other sinners—everyone was given an equal garment. But among them was also a Pharisee who entered. What he saw seemed horrible to him. Among those who were invited were great sinners, harlots, and tax collectors. He did not want to be on a level with them. His own garment, as it appeared to him, was much better. And he remained in it. The king entered to look at the guests and said to him: "Friend, how camest thou in hither not having a wedding garment? And he was speechless" (Mt. 22:12). But in his soul one could imagine that he was rebelling. Rebelling, because those present at the wedding feast were all sinners. And he, as it seemed a righteous man, a son of Abraham, here he had to sit together with them. And the most degrading thing of all was that they wanted him to exchange his rich garment for the garment in which all the sinners were dressed, for this wedding garment. No...never.

So what happened—happened! The Lord ordered him to be bound for disrupting unity. What unity? The unity of the Church of Christ. See, brothers and sisters, how important this unity is, how precious the Church of Christ is in the eyes of the Lord. So let us obey the voice of the Church; let us fulfil with our whole soul whatever she requires of us; let us keep the garment which she has given us. And may it never happen to us what happened to him, who was not wearing a wedding garment.

Saints of the Week

5/ 18 September - The Holy Prophet Zacharias - He was the father of St. John the Forerunner. Zacharias was the son of Barachias, from the lineage of Abia, of the sons of Aaron. Zacharias was a high priest who held the eighth degree of service in the Temple at Jerusalem. His wife Elizabeth was the daughter of Sophia and sister of St. Anna, who was the mother of the Holy Theotokos. During the reign of King Herod the child-slayer, Zacharias was serving one day at the Temple of Jerusalem according to his turn. An angel of God appeared to him in the sanctuary, and Zacharias had great fear. The angel said to him: Fear not, Zacharias (Luke 1:13), and announced that Elizabeth would bear a son, in answer to their prayers. But both Zacharias and Elizabeth were old. When Zacharias doubted the words of the heavenly herald, the angel said: I am Gabriel, that stand in the presence of God (Luke 1:19). Zacharias was struck dumb from that hour, and could not speak until his son was born and he had written on a tablet: His name is John (Luke 1:63). Then his speech returned, and he magnified God. Some time later, when the Lord Jesus had been born and Herod began to slaughter the children of Bethlehem, he sent men to find and kill the son of Zacharias-for Herod had heard all that had happened to Zacharias, and how John had been born. Upon seeing the soldiers coming, Elizabeth took John into her arms-he was a year and a half old at that time-fled from the house with him, and ran to a rocky and desolate place. When she saw the soldiers following her, she cried out to the mountain: "O mountain of God, receive a mother with her child!" and the rock opened and hid the mother and child. Then Herod, enraged that the child John had not been slain, ordered that Zacharias be slain before the altar. The blood of Zacharias was spilled on the marble and dried solid as stone, and remained as a witness to Herod's evil deed. In the place where Elizabeth hid with John a cave opened, water flowed out of it, and a fruit-bearing palm grew, all by the power of God. Forty days after the death of Zacharias, the blessed Elizabeth died. The child John remained in the wilderness, fed by an angel and protected by God's providence, until the day he appeared at the Jordan; The Holy Martyrs Juventius and Maximinus; Seventy Holy Martyrs; Venerable Athanasius

6 / 19 September - Commemoration of the Miracles of the Holy Archangel Michael - There was in Phrygia a place called Chonae (plunging), not far from Hierapolis, and in that place there was a miraculous spring of water. When the Apostle John the Theologian, together with Philip, was preaching the Gospel in Hierapolis, he looked at this place and foretold that a spring would gush forth in it, a spring of healing water from which many would be restored to health, and that the place would be visited by Michael, the great archangel of God. This prophecy was very soon fulfilled: a spring of water appeared, which became known far and wide for its miraculous power. A pagan in Laodicea had a dumb daughter, which caused him great grief, but the Archangel Michael appeared to him in a dream and urged him to take his daughter to this spring, that she might be restored to health. The father immediately obeyed, took his daughter and there encountered many people who had come to seek deliverance from various ills. They were all Christians. The man asked how he should seek healing, and the Christians told him: 'In the name of the Father, and of the Son, and of the Holy Spirit, you must beg the Archangel Michael.' The father made his petition accordingly and dipped his daughter in the water, and the girl began to speak. Then this pagan was baptised along with his daughter and his whole household, and built a church to the Archangel Michael over the spring. Later, a young man called Archippus settled there. Pagans did him much malicious harm, for they did not want such power to be felt from a Christian holy place and many people be drawn to it. In their wickedness, they altered the course of a nearby river, so that it inundated the church and the spring. But, at the prayers of Archippus, the Archangel Michael appeared and opened a fissure in the rock at the end of the church, through which the flooding river plunged. So the place was saved, and became known as Chonae — plunging — from the river's plunge through the opened fissure. St Archippus lived there in asceticism till the age of seventy, and entered peacefully into rest in the Lord. The Holy Martyr Romulus and the 11,000 soldiers; St Eudoxius; Our Holy Father David;

St. Bega, virgin, first abbess of Copeland in Cumbria – of Irish royalty. Her family arranged her marriage to the Prince of Norway. Bega wanted to devote her life and virginity to the Lord, refused the arrangement, and fled. It is said that she was carried across the sea to the coast of Cumberland by riding on a clod of earth. She lived as an anchoress in Cumberland for many years, being fed by the birds in the woods. Saint Oswald of Northumbria, on a raid to dispel some highwaymen, convinced her to enter a convent for her own safety. She agreed, and took the veil from Saint Aidan of Lindisfarne and founded a monastery which later was named after her. As Abbess she was known for her generosity to the poor and oppressed who came to the abbey for assistance.

7 / 20

September - Forefeast of the Nativity of the Theotokos - The Holy Martyr Sozon - Born in Lycaonia, Sozon was a shepherd and lived by the Law of God, teaching his brothers and sisters, and his friends, his devout faith. He learned in a vision that he would suffer martyrdom for Christ. At that time, there was a great persecution of Christians near the city of Pompeiopolis on the part of Maximian, the governor of Silicia. In the city, there was a golden idol which was worshipped by the pagans. Sozon left his sheep, went to the city, entered the pagan temple and knocked an arm off the golden idol, melting it down and giving the gold to the poor. There was a great outcry in the city because of this, and the pagans began to search for the guilty man. That no-one else should suffer for his action, Sozon went to the governor and declared himself to be a Christian and the performer of that act. The torturers first beat him, then chained him to a tree and flogged him with iron flails. When he was at his last breath, they cast him into the flames, where holy Sozon gave his soul to God. He suffered in about 304. His relics were found to be wonderworking, and a church dedicated to him was built over them. The Holy Apostles Euodus and Onesiphorus; The Holy Martyr Eupychius; St John, Archbishop of Novgorod; One of the feasts of St. Dunstan, archbishop of Canterbury.



8 / 21 September - Fast Day (Fish allowed) - The Nativity of the Most Holy Mother of God - Epistle: Phil. 2:5-11 & Epistle: St. Luke: 10:28-42 & 11:27-28) The Holy Virgin Mary was born of her aged parents, Joachim and Anna. Her father was of the tribe of David and her mother of the tribe of Aaron, and so she was of royal blood from her father and priestly blood from her mother. By this, she foreshadowed Him who would be born of her as King and High Priest. Her parents were already old and had no children, and, because of this, were ashamed before men and humble before God. In their humility, they prayed with tears that God would bring joy to their old age with the gift of a child, as He had once given joy to the aged Abraham and Sarah, giving them their son Isaac. God, almighty and all-seeing, gave them a joy far exceeding all their expectations and their wildest dreams, for He gave them not just a daughter, but the Mother of God; He illumined them not only with temporal joy but with eternal. God gave them just one daughter, who later gave them just one

grandson—but what a daughter and what a grandson! Mary full of grace, blessed among women, the temple of the Holy Spirit, altar of the living God, table of living bread, ark of God's holy things, tree of the most delicious fruits, glory of the human race, praise of womanhood, fount of virginity and purity—this was the daughter given by God to Joachim and Anna. Born in Nazareth, she was after three years taken to the Temple in Jerusalem, whence she returned again to Nazareth and shortly afterwards heard the tidings of the holy Archangel Gabriel concerning the birth of the Son of God, the Saviour of the world, from her most pure and virginal body. The Feast of the Kalishto Icon of the Mother of God; The Feast of the Pochaev Icon of the Mother of God;

Troparion of the Mother of God tone 4: Thy birth, O Mother of God,/ has brought joy to all the world;/ for from thee arose the Sun of Righteousness, Christ our God,/ Who, having dissolved the curse, has given His blessing,/ and having abolished death, has granted us life eternal.

Kontakion of the Mother of God tone 4: Joachim and Anna were freed from the reproach of childlessness/ and Adam and Eve from the corruption of death, O Immaculate One, by thy holy nativity./ And thy people, redeemed from the guilt of sin,/ celebrate thy birth by crying to thee:/ The barren woman gives birth to the Mother of God and the nurse of our life.

Ss. Ina, king of Wessex, restorer of Glastonbury, & his queen Ethelburga. (8th c.) - He was a son of the underking Cenred and ascended the West-Saxon throne in 688, a year before the death of his predecessor Caedwalla. For thirty-seven years he ruled over a turbulent and war-like people, and by virtue of a varied genius was equally successful as a warrior and legislator. His first efforts were directed towards establishing internal peace, and in the fifth year of his reign he drew up a set of laws which regulated the administration of justice and fixed the legal status of the various elapses of his subjects. With the exception of the Kentish laws this code is the earliest extant specimen of Anglo-Saxon legislation, and for that reason is of particular interest. When matters in his own realm had been adjusted, Ina turned his attention to Withred, King of Kent, and at the head of a formidable army demanded weregild (compensation) for the death of Mul (for Mollo), brother of Caedwalla. Withred paid the full compensation—thirty thousand pounds of silver—and admitted the supremacy of the West-Saxon over all the country held by the English south of the Thames. By successive conquests, Ina added several districts to the western provinces of his domain, and after a bitter war conquered Geraint, King of Cornwall, and built a fortress on the Tone, at the site of the present Taunton. Throughout his entire reign was particularly solicitous for the welfare of religion and religious establishment, founding many monasteries and endowing those already in existence. The Abbey of Glastonbury was erected by him, with the funds, it is thought, which came from the weregild collected from Withred. Other monastic establishments which were recipients of his bounty were those at Malmesbury, Wimborne, Nursling, Tisbury, Waltham, and Sherborne. Worn out by his long rule, Ina determined to abdicate in favour of Æthelheard and Oswald, and to make his peace with God. In pursuance of this project, he convened the Witenagemot and formally announced his abdication. With his wife he proceeded to Rome, to watch and pray at the tomb of the Apostles in the guise of a poor and pious pilgrim. While there he founded a hospice or home for English pilgrims, in the district known as Burges Saxonum, the modern Borgo. Some historians trace the foundation of the English College at Rome back to this hospice. The memory of the hospice still lives in the Church of San Spirito in Sassia, formerly S. Maria in Saxia; it is thought that King Ina and his Queen Ethelburga, lie buried in this church or in the atrium of St. Peter's. They died blessing God that they had been allowed to lay their dust in the consecrated soil of Rome.

9 / 22 September - Afterfeast of the Nativity of the Theotokos — Ss Joachim and Anna - St Joachim was of the tribe of Judah, and a descendant of King David. Anna was the daughter of Matthan the priest, of the tribe of Levi as was Aaron the High Priest. This Matthan had three daughters: Mary, Zoia and Anna. Mary was married in Bethlehem and bore Salome; Zoia was also married in Bethlehem and bore Elisabeth, the mother of St John the Forerunner; and Anna was married in Nazareth to Joachim, and in old age gave birth to Mary, the most holy Mother of God. Joachim and Anna had been married for fifty years, and were barren. They lived devoutly and quietly, using only a third of their income for themselves and giving a third to the poor and a third to the Temple, and they were well provided for. Once, when they were already old and were in Jerusalem to offer sacrifice to God, the High Priest, Issachar, upbraided Joachim: 'You are not worthy to offer sacrifice with those childless hands.' Others who had children jostled Joachim, thrusting him back as unworthy. This caused great grief to the two aged souls, and they went home with very heavy hearts. Then the two of them gave themselves to prayer to God that He would work in them the wonder that He had worked in Abraham and Sarah, and give them a child to comfort their old age. God sent them His angel, who gave them tidings of the birth of 'a daughter most blessed, by whom all the nations of the earth will be

blessed, and through whom will come the salvation of the world.' Anna conceived at once, and in the ninth month gave birth to the holy Virgin Mary. St Joachim lived for eighty years and Anna for seventy-nine, and they both entered into the kingdom of God. Commemoration of the Third Ecumenical Council; The Holy Martyr Severian; St Theophanes, Confessor and Faster; St Nicetas the Man of God.;

St. Kieran (Ciaran) of Clonmacnois, Ireland (c.545) - The holy abbot Ciaran was the son of the wagonmaker, Beoit. Beoit was a very good and careful worker, and so he became rich. He and his wife Darerca had five sons and three daughters. Of these sons, four became presbyters and one, a deacon. All three daughters became nuns. This blessed family lived in the province of Meath, but because the local king was greedy and asked for too much tax money, the family moved to Roscommon in the province of Connaught. St Ciaran was born at Roscommon in the year 515. Like other boys his age, the young saint learned to work hard, helping his father, and also working for neighbouring farmers. One of his chores was to herd his family's sheep. Ciaran especially liked this duty, because he could be alone and pray to God in peace. The boy knew many of the psalms by heart, and he loved to chant them as he watched over the flock. The sheep were grazed in a plain called Ai. At that time, the wondrous old man, Saint Diarmat lived on this plain. This holy elder at once saw God's Grace in the young shepherd, and he taught the youth to read the psalms from the book for himself. The two spent many hours together, reading and praying. The elder taught the young saint many things about spiritual struggle, and how to keep himself clean and pure for Christ's sake. When he was old enough, St Ciaran wanted to go to school. In those days, there were no public schools, and the bishops and presbyters taught the students. St Findian had a school at Cluain. Here, he taught the Divine Scripture and the sciences. Saint Ciaran learned quickly, and grew in wisdom and in spirit under his elder. Some of the other students, however, were jealous of the young saint, and they used to torment him and shun him. Ciaran only prayed for them and tried to teach them love and mercy. The students of the school had to take turns working in a flour mill, to help pay for their needs. St Ciaran toiled with meekness and obedience. The saint loved beggars, and from his earliest youth he had sought to help them and give them money, food or clothing whenever possible. He even gave them some of the flour which he ground. As Saint Findian grew older, he called his monks together and announced that when he reposed, Ciaran should take his place as abbot. To this, they all agreed. Meanwhile, St Ciaran got a blessing from his elder to visit some of the holy places of Ireland. He went to Lake Erne to hear the holy words of St Ninned, and from there, the young man went to the sacred isle of Aran. On Aran Island, the monks lived in great poverty and worked very hard. The holy elder, St Enda, was abbot of Aran in those days, and he accepted St Ciaran with joy. The young saint joined the hard labour and prayers of the monks, and he daily grew in God's Grace. From Aran, the saint made his way to Scatterry Island to learn what he could from Saint Senan. The blessed one journeyed around the whole country, learning much from the holy elders, and working and praying with all the monks. Soon, however, many monks came desiring to have St Ciaran as their elder; The saint built a small monastery on Hare Island (called Inis Aingin in Irish language) which is in Lake Ree. Even though Ciaran was the abbot of this monastery, he served the brothers, and often when a visitor came, Saint Ciaran would wash his feet and serve him like a slave. God worked many miracles and healings through this young saint, and the faithful from all over Ireland began to come to Lake Ree as pilgrims. The saint was sorrowful because of the attention and praises he was receiving, and so after a while, he appointed the holy presbyter Donnan as abbot, and he himself departed to the wilderness of Clonmachnoise. In those days, the elder Diarmat was living in this wilderness in a poor cell. The saint came to this cell and built himself one nearby. He lived here with his old friend and teacher for a long time, and a brotherhood soon grew up around him. St Ciaran became a father of saints, for many of his monks later became wonderworkers. The saint spent many years in struggle and prayer. He travelled throughout Ireland preaching and teaching the rulers and people alike to be merciful and charitable. This holy elder and wonderworker reposed in the Lord on 9 September, in the year of our Lord 550. He was about thirty-five years old; St. Wulfhilda, abbess of Barking, St. Bettelin, hermit of Crowland.

10 / 23 September – Afterfeast of the Nativity of the Theotokos – Fast Day — The Holy Martyrs Menodora, Metrodora and Nymphodora - They were three sisters from some place in Asian Bithynia. Brought up in a Christian spirit, they withdrew from the city into the desert, desiring to lift up their minds to God and free themselves from the illusory world, and thus to live their lives in purity and virginity as true brides of Christ. They gave themselves to fasting, prayer and toil, and God adorned them with the gift of wonderworking. When people began to bring the sick to them for healing, they became known against their will. A certain governor, Fronton, heard of them and brought them to trial. Seeing them, the governor was amazed at their beauty, for, although they were nuns and their bodies were withered, their faces were radiant, illumined by an inner peace and the grace of God. The governor at first flattered them and promised to send them to the Emperor, who would give them in marriage to his nobles, but, when he realised that his flattery and promises were having no effect on these brides of Christ the Lord, he ordered that Menodora be put to torture and her sisters be thrown into prison. After harsh torture, the governor cried to Menodora, all wounded and covered in blood: 'Offer sacrifice to the gods!' To this the holy martyr replied: 'Don't you see that I am doing nothing but offer myself in sacrifice to my God?' When she expired under torture, the governor brought out her two sisters and stood them beside Menodora's dead body, and, pointing to it, urged them to deny Christ. As they remained steadfast, he tortured them to death. At that, a thunderbolt fell from the sky and killed the soul-less Fronton and his servants. Christians buried the bodies of these holy martyrs, who suffered some time between 305 and 311, in the time of Galerius, and entered into rest in the Kingdom of Christ. St Pulcheria the Empress; The Holy Apostles Apollos, Lucius and Clement; The Three Holy Women of Constantinople; St. Salvius, bishop of Albi (Gaul); Translation of the relics of Sts Egwin, bishop of Worcester and Ethelwold, bishop of Winchester; St. Frithestan, bishop of Winchester.

11 / 24 September - Afterfeast of the Nativity of the Theotokos — Canonisation of St. Xenia of St. Petersburg (1978) - Prayer to the Holy Blessed Xenia of Petersburg: O most simple in thy way of life, homeless on earth but an inheritor of the Heavenly Father, blessed wanderer Xenia! Just as earlier those who fell down before the inscription over thy grave, so now we also, hastening to thee, entreat thee to pray that our steps might be directed, according to the word of the Lord, in the doing of His commandments, and that the soul-corrupting lawlessness sowed by the godless might not prevail over our people, but that we all might yet behold the deliverance of thy city and thy beloved Russian land from the present cruel affliction. O thou who didst hide thyself from the wise of this world, but wast known to God, entreat for us humility, a pledge of meekness and love in our hearts, in prayer faith, in repentance hope, in labours firmness, in afflictions the mercy of healing, and the renewal of our whole life, at least from this time forth; so that glorifying thee, with contrition we may confess the Father and the Son and the Holy Spirit, Trinity One in essence and undivided, unto the ages of ages. Amen. Our Holy Mother Theodora; St Paphnutius the Confessor; Our Holy Father Ephrosynus the Cook; The Holy Martyr Ia; The Holy Martyrs Diodore, Didymus and Diomedes;

St. Deinol (Daniel), first bishop of Bangor, Wales (584) - Dismissal Hymn (Tone 4): By thy teaching and pious life thou didst shine forth in the age of Saints, O Hierarch Deinol, and becoming Bangor's first bishop thou wast an instrument of God's grace, leading many to salvation. Pray, O Saint, that we may be led into the Way of Truth that our souls may be saved

HYMN OF PRAISE **The Nativity of the Most-holy Mother of God**

O greatly desired and long awaited one, O Virgin, thou hast been obtained from the Lord with tears! A bodily temple of the Most-holy Spirit shalt thou become, And shalt be called Mother of the Eternal Word.

The Burning Bush they called thee, For thou wilt receive within thyself the divine fire: Ablaze with fire but not consumed, Thou shalt bear the Golden Fruit and offer it to the world.

Thou shalt be the Bearer of Him Who bears the heavens, To Whom all of heaven offers up praise! The Miracle of miracles shall come to pass within thee, For thou shalt bear heaven, thou who art ``more spacious than the heavens!''

Thou art more precious to us, O Virgin, than precious stones, For thou art the source of salvation for mankind. For this, may the entire universe glorify thee, O Most-holy Virgin, O white Turtledove!

The King of Heaven shall desire to enter the world, And shall pass through thee, O Beautiful Gate! O Virgin, when thou dost become woman thou shalt bear Christ for us; From thy body, the Sun shall blaze forth.

HOMILY **on the equality of the Son and the Father**

The Son can do nothing of Himself but what He seeth the Father do (John 5:19).

Brethren, how are we to understand these words? In the same way as some heretics understood them-that is, that the Son is lesser and weaker than the Father? In no way. The mouths that interpreted these words of the Lord this way spoke blasphemy. We must understand these words as our Holy Fathers understood them-that the Son is equal to the Father in all things; and that, because of their equality of will, love, and wisdom, the Son can do nothing contrary to the Father's will, or contrary to the love of the Father, or contrary to the wisdom of the Father. Thus, the Father cannot do anything contrary to the Son, and the Holy Spirit cannot do anything contrary to the Father or the Son. Everything that the Father wills and loves and thinks, is also willed, loved and thought by the Son and the Holy Spirit. Harmony unequalled; unity undivided; being inexpressible! Therefore, it is obvious that the Son can and will do *nothing of Himself*-nothing of His own accord, nothing without harmony and unity with the power of the Father and the will of the Father. The Lord Himself further witnesses that this interpretation is true by His words: *For as the Father raiseth up the dead, and quickeneth them; even so the Son quickeneth whom he will* (John 5:21). Do you see the equality of will and power? That which the Father wills, the Son wills also; that which the Father can do, the Son can also do. Therefore, let no one separate Their Divinity, and thus bring down a curse upon himself. God cannot be divided, and one who tries to divide Divinity-and to lessen one Person and to exalt the other Person-cannot be saved.

O Most-holy Trinity our God, Three in Persons, and One in Essence- Life, Light and Love-look down upon us, and have mercy on us.

To Thee be glory and praise forever. Amen.